

Don't pass up a chance to deliver a head punch simply because you want to land a body blow.

Ring generals, of course, find the weakness of the opponent and hammer him there whenever they get a chance. But in boxing you are working for points—not trying to batter a man to pieces and finally deliver a knockout.

I want to explain feinting, which is perhaps the finest bit of ring work from the spectators' viewpoint and also an art most necessary to every boxer.

Feinting means to make your opponent believe you are going to hit him in one place, thus drawing him off his guard, leaving an opening into which you can shoot the real punch that you plan.

To do this you must be quick. Feinting comes hard at first, but don't be discouraged. It'll come natural after a time and it's a big asset.

Put your left foot forward from six to ten inches, according to the length of your legs, make believe you are sending the left hand to your opponent's body or head, then pull back the arm, quickly step toward your opponent and shoot the left into the place you want.

This is a fine point in boxing, but, as I said before, it can only come with practice and to accomplish it you must work like lightning so as not to give the other fellow a chance to guess your plan.

I have always had success in puzzling opponents—moving around, shifting, side-stepping,

feinting and ducking. I always try to keep in motion and bewilder with quickness.

By being quick you rattle your opponent, as he cannot continually follow you. He gets flustered and you have a chance to hit him when he least expects it.

To be a boxer you must be quick, moving with the speed of a piston rod. Never place yourself in a position where your opponent can get a good smash at you. Keep moving—circle around, hop around, jump back and forth, but always keep in motion.

And remember, you are in the ring for the purpose of guarding yourself from the other fellow's punches and to punch him at every opportunity.

(Effective punches will be taken up in my next article.)

IN THE LIMELIGHT

One of the most popular of the western women in Washington is Mrs. Coe I. Crawford, wife of the senator from South Dakota. While devoting not a little time to the many social duties which fall upon a senator's wife, Mrs. Crawford has achieved an enviable reputation as a mother. She has not seen fit to relegate her boys and girls to the care of another while she climbs the social ladder, as many other Washington mothers do.

